

5 Key Elements for Region 5



**180 +
YEARS**

**9,000
INDIVIDUALS**

**70 +
PROGRAMS**

"For over 180 years, Pressley Ridge has been helping and supporting youth and families. We strengthen nearly 9,000 families each year through our 70 programs."



FAMILY

We engage with families to:

- Support healthy connections
- Identify individual and family needs
- Provide relevant trainings to build family strengths



CARE

We provide caring services that:

- Utilize trauma-informed approaches
- Incorporate culturally-sensitive techniques
- Are age and developmentally appropriate



NETWORK

We work collaboratively to ensure:

- Access to 24/7 support
- Connections to full continuum of services
- Continuous focus on quality improvement

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