# ANNUAL REPORT





My son loves going to school for the first time

in his life.



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I appreciate having supportive people in my life who care about me and keep me safe.

# President's Message

# After the challenges of our recent past, this year brought us so many reasons to **celebrate**.

First and foremost, we celebrated the success of the 7,600 individuals whose lives were transformed through our programs and the dedicated staff who lead them. You will have the pleasure of reading about a few of those kids and families in this report.

We also celebrated our organization's 190th anniversary. Across the communities we serve, there are very few organizations that can claim such a rich history and track record of success as Pressley Ridge. Throughout nearly two centuries, thousands of families have found hope and countless kids gained confidence and found their path in life thanks to friends like you who have supported the work we do.

We were beyond grateful to celebrate the unsolicited \$10 million donation from philanthropist MacKenzie Scott — the single largest gift in Pressley Ridge's history. While we continue to carefully evaluate how this gift can be most impactful, we know that this tremendous investment in our mission will enhance our ability to serve the increasingly complex needs of the youth and families in our communities.

As always, we celebrated the continued support of our foundation, corporate and individual partners. For example, thanks to the Fisher Family Fund and the Allegheny Foundation, we were able to make important technology upgrades to increase the efficiency of our staff, allowing them to spend more time providing care to our children, young adults, and families.

While continued pandemic restrictions prevented us from celebrating Ice Cream Fundae in 2021, our corporate partners proved that their commitment goes beyond scooping ice cream. Companies such as Huntington Bank, Philadelphia Insurance, Maher Duessel, and UPMC invested in the success of our students by contributing nearly \$100,000 in Educational Improvement Tax Credits. In addition, FedEx Ground continued their generous support of our strategic initiative to increase racial equity both within our organization and the collective communities we serve.

You will find many more reasons to celebrate throughout the pages of this report, but none of this would have been possible without your continued belief in our mission. As we look toward the future, the success of the past 190 years will fuel our passion to continue working to improve the mental wellbeing of our communities over the next decade and beyond.



Susanne L. Cole
President and
Chief Executive Officer



Tisha Germany
Chairperson,
Board of Directors



## Vision

## "All Kids Thrive"

All of us at Pressley Ridge share a dream that one day all kids may thrive. All of our efforts every day are directed at creating a world in which our vision can become a reality

## Mission

# "Whatever it takes to create success for children and families"

Our mission statement speaks to our complete and unequivocal commitment to do all in our power to improve the lives of children and families everywhere and especially those whose lives we touch. There is no challenge too big or barrier too strong to keep us from doing our utmost on their behalf. We succeed when they succeed.

# Core Services



## **Community-Based Mental Health Services**

Individualized services designed to strengthen, preserve and keep families together in order to overcome whatever challenges they may be facing, so that children can remain at home, and in their own schools and communities. Office-based and school-based outpatient mental health services support children, adolescents, adults and families in the community.



## **Private Academic Schools**

Education with an individualized, strength-based, holistic approach to academic and behavioral growth with an added focus on social and life skills to help students reach their maximum potential. Specialized services include education for students with serious emotional and behavioral challenges, as well as children impacted by autism and those who are Deaf or hard of hearing



## **Foster Care and Adoption**

Trained foster parents ensure children are safe and well cared for in a secure and stable home while we work to reunite them with their biological families or find an adoptive family when reunification isn't an option.



#### **Residential Treatment Services**

Short-term programs in a supportive live-in environment with 24-hour treatment staff to help youth learn the skills that will enable them to return home, strengthen family relationships and become better connected to their community. Services include working with the biological family in order to ensure asuccessful transition home.



## Supportive Services for Transition-Age Youth

Programs offering youth between the ages of 16-24 the essential skills and support to make a sound transition into adulthood, including workforce development and independent living.

# Success Stories

# Jessica

After a traumatic childhood that included time in foster care, Jessica was determined to beat the odds and get a college education.

Jessica initially enrolled in the University of Maryland Eastern Shore but decided it was not a good fit, and she transferred to Morgan State University. There, she faced financial barriers and housing issues and eventually found herself with nowhere to live.

At the age of 20, homeless and discouraged, Jessica was referred by the Department of Social Services to the New Pathways Independent Living Program, a Pressley Ridge program for youth who are on the verge of aging out of the foster care system in Maryland. With a goal of educating and empowering young adults to overcome obstacles, the independent living program provides apartment-based services, including life skills education, career development and physical and mental health care.

Upon admission to the program, Jessica was asked where she saw herself at age 21 — just one year away. The staff was surprised to learn that Jessica had never given much thought to life after foster care, and she had no plans. Her lack of awareness motivated the team to show her just what she could do with focus, support, and a plan.

Often youth who have spent much of their lives in the foster care and juvenile justice systems are unaware of the services available to them and don't have anyone to help them navigate the confusing social service systems. The staff in Pressley Ridge's transition-age youth programs are responsible for opening doors and providing equitable opportunities for participants by connecting them to the programs and services they need to get back on track and make strides in life.

The encouragement and support of her team were all Jessica needed to take off running and never look back. While she was enrolled in college full-time as a psychology major, Jessica maintained good grades, and gained experience working at a therapeutic agency and an additional part-time job. Within six months, Jessica paid off old school loans and saved enough money to purchase a car.

As she was approaching her 21st birthday and subsequent exit from the foster care system, Jessica progressed to the Now I Can Have a Cat (NICHAC) phase of independent living. This program offers youth a higher level of freedom and the opportunity

to experience greater responsibility for their own care while still receiving support from Pressley Ridge. Through NIHAC, Jessica was able to choose her own place to live and assume responsibility for the lease, utilities and other bills. Pressley Ridge contributed a portion of the rent while preparing Jessica to handle essential adult responsibilities.



Jessica earned her bachelor's degree in Psychology in May 2022. She is currently employed full time as a Psychiatric Program Intake Clinician at a local hospital in Baltimore County, MD and part time as a therapist at Eating Recovery Center of America. She is also pursuing a master's degree from Coppin State University and is on track to graduate in May

2023. She continues to live on her own and hopes to purchase a home when the time is right.

In the beginning, Jessica had extreme trust issues but, eventually, she opened herself enough to trust her Pressley Ridge team. Reflecting on her time in the program and the team who kept her on track, Jessica says, "I am grateful to have been a part of the Independent Living Program at New Pathways. During the beginning stages of the process, I was truly a lost teenager...At moments I wanted to give up because it felt like all odds were against me, but [my team] stood by my side and encouraged me the entire time. They were my family when I had no one else, and my biggest supporters. They were there for the purchase of my first car, first apartment, and my college graduation... They continue to show up for me and are always a call away. I have such gratitude and appreciation for them, as well as the program, as they have truly contributed to my success."



# Success Stories

# Deible Family

Michael and Stephanie Deible always knew they would be foster parents. Michael, a former high school science teacher, and Stephanie, a nurse practitioner, both love taking care of others.

Being a teacher and coach,
Michael had a special gift
connecting with his students as
a friend and a leader. As a nurse
practitioner working in mental
health, Stephanie treats individuals
and families dealing with mental
illness. The couple eagerly began
their foster parenting journey,
becoming certified with Pressley
Ridge's Treatment Foster Care
Program and, shortly thereafter,
received their first child.



From the beginning, Michael and Stephanie believed that being a foster parent means fostering the entire family, not just the child. They always made an effort to be involved in the biological families' lives and to keep them involved in theirs — sharing important milestones and offering support when needed, including meals and being a support person for medical appointments.

Nurturing a relationship with the biological parents is not always easy for the Deibles and other foster parents. Through our evidence-based treatment foster parent pre-service training, they learned the importance of and skills needed to forge a strong connection between treatment parents, youth, and biological parents, which can help to build a foundation for a safe and successful reunification when that is the goal.

After their first placement was returned to the biological family, Michael and Stephanie decided to take a break before opening their home to another child. Until one day at work, a coworker shared with Stephanie that she had grown up in the foster care system. She thanked Stephanie for becoming a foster parent

and explained how appreciative she was to know that someone like her was willing to provide a loving and supportive home for children like her. Stephanie knew then that they would say "yes" to the next child in need.

They did just that when they received the call for a two-year-old boy. He immediately fit into their home and bonded with Michael, Stephanie and their two biological children. With their support, nurturing and commitment, the child thrived developmentally and met all of his milestones and goals.

When asked what the most rewarding part of being a foster parent is, Stephanie said, "Seeing the change in our current son from the day he got to our home to now. His demeanor has changed, he's much happier and calmer."

Now, the Deibles share in that happiness as they recently made the child an official member of their family. Upon the finalized adoption, they have decided to take a break from foster care to focus on their new family life.

# Success Stories

# Emilee

I7-year-old Emilee was experiencing extreme anxiety and was habitually truant. Her mother Robyn was dealing with issues of her own and struggled to support Emilee in making education and school attendance a priority. Eventually, when Emilee was at risk of being placed out of the home environment, the family willingly entered Pressley Ridge's Safe At Home program.



Funded by the state of West Virginia, Safe At Home aims to reduce out-of-home placements and keep youth in their home by providing families with temporary individualized wraparound services.

Pressley Ridge Wraparound Facilitator Jocelyn Blackwell worked with Emilee and Robyn to help them identify their goals. Emilee wanted to improve in school, gain control over her anxiety, increase her self-confidence and build a stronger relationship with her mother. Robyn wanted help with developing the skills needed to best support Emilee so she could watch her daughter excel and have a chance at a bright future.

A Wraparound Plan was developed to help Emilee focus on improving academically. Jocelyn and the wraparound team helped her learn interventions such as math equations, finger tapping, and staring at a fan to cope with and manage her anxiety symptoms. The team built and maintained a strong, trusting relationship with Robyn and worked with her to develop structure, oversight and support for Emilee. Robyn was also taught the skills that Emilee was learning in an effort to help them overcome the identified challenges together and to become a stronger family.

Emilee and Robyn were determined to succeed, and with the team's help, they made incredible strides.

Upon discharge from the Safe At Home program after nine months, Jocelyn and the Wraparound team describe Emilee as "a different young lady" compared to when she entered the program. She is confident, in control of her emotions, thriving academically, and looking forward to a bright future. Robyn has also developed confidence. She is proud of the positive changes her daughter has made and pleased to have been able to support her in reaching her highest potential.

Emilee had enough credits to graduate high school early and plans to attend West Virginia University with a concentration in social work.

# 2022 Leadership

## **Executive Leadership**

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President and Chief Executive Officer

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Douglas A. Mullins, CPA Chief Financial Officer

Tina L. Myles, Esq., SPHR Chief Human Resources Officer

Richard Nedelkoff, MS, JD Chief Business Development and Governmental Affairs Officer

Sonia Welch, MD Medical Director

Coni Grant, MPA, LCSW

Executive Director: Maryland & Delaware

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Jesse McLean, MA

Executive Director: Western Pennsylvania

Matthew Mitchell, MS, LISW-S Executive Director: Ohio

Tammy Relken, MS

Executive Director: Central Pennsylvania

Ron Gruca

Senior Director of Development

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Christina Block
Robert Butter
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Kara Eaton
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Douglas A. Mullins, Treasurer
Susanne L. Cole, Secretary
Robert Butter
Jeremy Gill
Sherin H. Knowles
Brian Mullins'
Richard Reed
Steve Silberman
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## **Pressley Ridge Maryland Board of Directors**

Susanne L. Cole, *Chair*Eileen Stevens, *Treasurer*Douglas A. Mullins, *Secretary*Christina Block
Robert Johnson, Jr.

\*Deceased



The teacher and staff continuously work one-on-one with my daughter to correct the negative behaviors. They listen when I show concerns, as well.



## Celebrating the Generosity of MacKenzie Scott

In 2022, Pressley Ridge was the proud recipient of an unsolicited \$10 million gift from philanthropist MacKenzie Scott. As this is the single largest donation in our organization's 190-year history, careful consideration is being given to making the donation as impactful as possible to our kids and families. We have allocated a portion of the funds to the construction of a new trauma-informed, therapeutic day school on our Marshall Avenue Campus in Pittsburgh (currently scheduled to break ground in Summer 2024), as well as continuing to enhance our racial equity and workforce development efforts. We will continue to work with our board of directors to determine how the remaining funds will best enhance our ability to serve the increasingly complex needs of youth and families in our communities.



Photo courtesy of Evan Agostini/Invision, via AP





In the three years that my daughter has been at Pressley Ridge, she has been working really hard to get her behaviors in check. She always comes home in a good mood. The teacher and staff are so nice and have stood by her the entire time.



The staff always try to make visits as friendly and as easy as possible and kept my family informed as to what is going on.





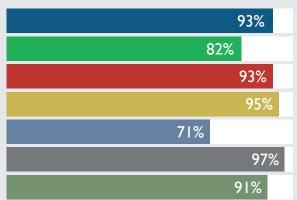


I like having somebody who genuinely cares, wants to help with my problems, and takes the time to explore how you I improve my life.

# 2022 Fiscal Year



# Outcomes Upon Completion of Services (Measure of Impact Achieved)



of individuals have achieved their goals

of individuals were living independently or with family

of individuals have an increased sense of well being

of individuals reported feeling that they have a support system

of individuals showed positive change and growth

of individuals were attending school or have graduated

of individuals learned life skills

## At One Year Follow-Up (Measure of Sustained Impact)



of individuals were living with family or independently



of individuals had maintained stable housing



of individuals were free from abuse or neglect



of individuals were free from drugs and alcohol



individuals maintained positive change and growth

# **Demographics**



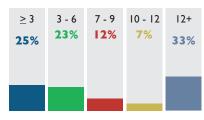




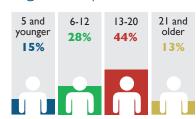


White **58%**Black or African American **26%**Bi- and Multi-Racial **9%**Hispanic/Latino **2%**Other **1%** 

## Length of Stay (months)

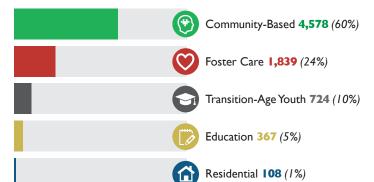


# Age Groups



## Number of Individuals Served by Service Line\*

\*Individuals who received more than one service are counted multiple times.



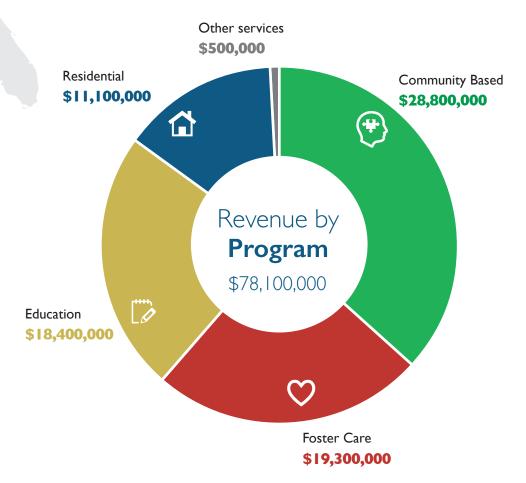
# Financial Performance



Other Services......**\$500,000** 

VA.....\$700,000

Total revenue: \$78,100,000



July I, 2021 - June 30, 2022

Thanks to the following individuals, foundations, corporations, and organizations that have supported our work with children and families.

### Individual Donors

## Patrick Kelly Society

Just like the father, Patrick Kelly, who in 1832 reluctantly surrendered his three daughters to the Orphan Asylum when he was unable to care for them, these donors who gave \$1,832 or more set the foundation for the success of Pressley Ridge.

Mr. Jeffrey Alex

Mrs. Kimberly Antestenis

Ms. Christina Block

Mr. & Mrs. Tim and Steffie Bruckhart

Mr. Robert Butter

Mr. & Mrs. John and Laurie Culbertson

Ms. Kathleen Dunst

Ms. Kara Eaton

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Mr. & Mrs. W. Richard Reed

Mrs. Margaret S. Runnette

Mr. Steven Silberman

Ms. Eileen Stevens

Ms. Louise Urban

#### \$1.000 - \$1.831

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Mr. & Mrs. James Crockard III

Mr. Brij Dhanda

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Dr. & Mrs. Thomas Hughes

Mr. Robert M. Johnson

Mr. Richard P. Long

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Ms. Ruth Hager

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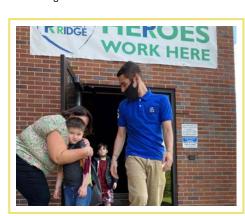
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Mr. Erik Tomalis

Mr. Christopher Welch

Mr. Dereck Wischmeyer

Mr. Douglas E.Wolf



#### \$100 - \$499

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Mr. Andrew Baldwin

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Mr. Johnathan Bazylak

Mr. & Mrs. Thomas Bertler

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Ms. Maria Fattore

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Ms. Patricia Leonard

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Ms. Ruby Martin

Ms. Katherine Fisher Martinez

Mr. John Marty

66

It made all the difference having a relatable, genuine, caring worker who my daughter was comfortable talking to.

Every effort has been made to ensure the accuracy of these listings. If your name is incorrect or omitted, we sincerely apologize. Please let us know so we can correct our records.

July I, 2021 - June 30, 2022

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Mr. Paul McBeth, III

Mr. Robert McDonough

Ms. Lucy McDonough

Mr. Anthony McGraw

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Mr. Robert Milano

Ms. Sandra Milliron

Ms. Donna Mohlman

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14 D | D |

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Mr. & Mrs. Christopher Wynne

Mr. Daniel Yorke

Ms. Kathy Yost

#### \$99 and under

We would like to express our appreciation to the **225** individuals who made gifts at this level.

# Foundation and Corporate Donors

#### \$50,000+

Allegheny County

Allegheny Foundation

Edith L. Trees Charitable Trust

FedEx Ground Package System, Inc.

Huntington National Bank

National Philanthropic Trust at the recommendation

of MacKenzie Scott
Ohio Child Care Resource & Referral Association

Staunton Farm Foundation

The Benjamin R. Fisher Fund of The Pittsburgh Foundation

#### \$15,000 - \$49,999

Henderson Brothers

Laffey-McHugh Foundation

Mendel and Sylvia Soloman Charitable Trust through the PNC Charitable Trust Grant Review Committee

Philadelphia Insurance Companies

Robert H. Reakirt Foundation Equities through the PNC Charitable Trusts Grant Review Committee

The Donald B. and Dorothy L. Stabler Foundation

Ticket to Dream Foundation

#### \$5,000-\$14,999

Anonymous Fund, a component fund of the North Carolina Community Foundation

Bayer Healthcare LLC

Highmark Inc.

Huntington National Bank Foundation

Ideal Integrations, Inc.

Maher Duessel

MassMutual Pittsburgh

Partlow Insurance Agency, LLC

Roy A. Hunt Foundation

Saul Ewing Arnstein & Lehr LLP

Silberman Family Fund of The Pittsburgh Foundation

Staley Capital Advisers, Inc.

United Way of Allegheny County

UPMC Health Plan

### \$1,000 - \$4,999

American International Group

ANIVO at SCI-Albion

Annie E. Casey Foundation

Carmax

Crown Castle

Diakon Lutheron Social Ministries

DiLauro, Wracher & Thomas

Disciple Christian Motorcycle Club

Dollar Bank Foundation

Duquesne Light

Eastern Alliance Insurance Company

Frost Todd Brown LLC

Gordon Rees Scully Mansukhani, LLP

LOLA Energy PetroCo LLC

Nuna Baby Essentials, Inc. & Team Give

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Prime Communications, Inc.

Reed Smith LLP

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St. Joseph Catholic Church

T.Rowe Price

The Anne & Frank Cahouet Foundation

The Burke Foundation

The Foundation for Enhancing Communities

Tucker Arensberg, P.C.

United Way of York County

William and Ella Bates Fund

Zimmer Kunz PLLC

## \$500 - \$999

Belco Community Credit Union

First Baptist Church

JP Morgan Chase

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Reystorie Advisor y Solutio

Kiwanis Club of Lititz Area Pennsylvania American Water

RMC Creative

Sikorski Fondue LLC

Solenture

St. Johns Episcopal Church

Virtuous

Vision Benefits of America, Inc.

Walmart

Williams, Inc

#### \$100 - \$499

AFSCME Local 1521

AmazonSmile Foundation

Bad and Boujee Wine Club

Barton's Auto Sales Crabtree, Rohrbaugh & Associates

Drexel University

Emmanuel Baptist Church Five Below, Inc.

ILKB Inc

Key Learning Consultants LLC

KeyBank Foundation

Legg Mason

Mr.T. Painting, Inc.

July I, 2021 - June 30, 2022

#### \$100 - \$499 (continued)

Paul L. and Margie R. Smith Charitable Foundation PEA Ridge United Medthodist Church

Strivers Family Worship Center The Pittsburgh Foundation **TistaTech** VFW Aux to Northfield Post 6768

Wesley Family Services

#### 1-\$99

Acme Give Back Where it Counts Program Anstine & Sparler Box Tops for Education United Way of Capital Region United Way of Southwestern Pennsylvania WELCA of St. Luke's Lutheran Church



My teacher helped me a lot with anger, work, problems, and made me not so scared.

## The Hobbs Society

Nicholas Hobbs was a visionary leader. As the architect of Re-Education, he is recognized as a pioneer in the treatment of troubled kids and families. At Pressley Ridge, his vision continues to give meaning to our work, just as Re-ED continues to be our foundation of excellence. The Hobbs Society recognizes the Pressley Ridge employees who give 1% or more of their salary in the annual employee giving campaign.

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The team was always available to support us in a crisis. They were excellent with de-escalation. I felt extremely supported.







They were 100% committed to helping my kids and family meet our goals.





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