



Westmoreland County Autism Groups Program

2024 ANNUAL IMPACT REPORT

In 2024, there were 64 youth served in Westmoreland County Autism Groups program. This report compares the entry and discharge outcomes data of the youth to establish the programs impact.

DISCHARGE OUTCOMES

24 YOUTH DISCHARGED

100%

Clients living with family at discharge

100%

Clients living in a planned/permanent environment at discharge

TREATMENT PLAN GOALS

(show progress for)

0 goals

9%

1 goal

24%

2 goals

22%

3 goals

44%

64 YOUTH SERVED

OPPORTUNITY FOR SOCIAL IMPACT

The Westmoreland County Autism Groups Program helps children with autism practice playing and building successful relationships. Social groups provides intervention to carefully matched groups of children and are facilitated by experienced staff members who have specialized training in autism.

Our Coping Skills Group is offered during the summer and focuses on teaching self-regulation skills to youth who have autism.

THE YOUTH AND FAMILY VOICE

"You have lots of board games and card games. It makes me braver to go up and ask others to play."

"<Client> loved the program and we implemented some of the coping skills at home."

2024 Discharge Demographics

75% Male

25% Female

14.5 Years Average age

889 days Average length of stay

88% White

4% Black/African American

8% Bi- or Multi-Racial

24 Youth Discharged

YOUTH AND FAMILY SATISFACTION

97%

of youth and families are satisfied with the services they received

99%

Satisfied with our help in creating a support system

91%

Satisfied with the engagement of family/ supports in treatment process

93%

Client's sense of well-being increased since intake

Completed Reviews	58
Assessment Completion	99%
Treatment Planning & Review	100%
Service Provision	99%
Family Work	99%
Community	100%
Transition/Aftercare	96%
Overall	99%

Quality Record Reviews

Client records are reviewed by the Clinical Utilization Coordinator at 6 months after intake and annually thereafter to ensure compliance to treatment plan and regulations.

Each record review addresses: Assessment Completion, Treatment Planning & Review, Service Provision, Family Work, Community, and Transition/Aftercare. Results from the review are available on the program's dashboard for each domain as well as overall with a benchmark of 80% for each.

Social Impact Achieved

Below are summaries of key measures that Pressley Ridge tracks to demonstrate progress and document effectiveness of services

Autism Groups reviews data collected from discharge clients as well as current clients with a benchmark of 80% for each area. For discharge clients, we review whether they are living with family at the time of discharge and if their living environment at discharge is planned/permanent.

For all clients served within the year, we measure their improvement in completion of their treatment plan goals (as defined by decreased prompt level or meeting the goal completely). We also measure client's quarterly progress with the Autism Treatment Evaluation Checklist (ATEC) assessment for each youth within our various groups. The ATEC is used to monitor how well each child is doing over time through observing their social skills, lower scores show improvement.

